

# Dignity for Parts

A core component of SRA is to strip people and their parts of anything resembling dignity. Therefore, when I am working with parts, I am much more interested in restoring dignity than I am in processing pain. First things first.

With the very small and very young parts, they do not have a big enough worldview to receive dignity. These are the little ones who wouldn't know a Porsche from a PBJ. They are only looking for comfort and safety.

However, most of the time, there are a bunch of parts who are a little older and have a task to do. If they are old enough to have any defining characteristic such as being angry or liking to cook, they are old enough to comprehend design and essence and to receive dignity.

Recently I oversaw an integration with a part that knew it liked to sing. Below is an audio clip that generally approximated what I told him before the integration as a means of giving dignity. Each identity requires a customized dignity gift, but this is a sample of the kind of thing I do.

Dignity Gift to the One Who Sings

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